

Healthy School Policy (HSP)

1. Beliefs

With Christian beliefs as our foundation, we dedicate ourselves to providing a whole-person education for students and fostering their growth in spiritual, moral, intellectual, physical, social and aesthetic aspects. We endeavor to guide students to pursue the truth, goodness, mercy and reputable characters. To implement the Health School Policy (HSP), our school has infused elements of health education into the curriculum and a variety of activities with the concerted efforts of different departments.

2. Objectives

Through enhancing the health awareness and the understanding of our Health School Policy of students, teachers and parents, and implementing the policy jointly by teachers and parents, the HSP aims at

- 2.1 facilitating students' whole-person development and
- 2.2 nurturing quality as well as healthy values and attitudes in students.

3. Elements of the HSP

- 3.1 Developing a management and organization system for health matters
- 3.2 Fostering a Healthy School Environment
- 3.3 Developing Students' Healthy Lifestyles
- 3.4 Identification of Students Who May Need Help & Putting in Place a Referral System

4. Contents

4.1 Developing a management and organization system for health matters

- 1. Set up a task group responsible for the overall health issues within the school

Coordinator : Head of SESS

Members : *Discipline Master, * Guidance Master, Moral and National Education Mistress, Christian Education Mistress, Prefect of Studies, Head of Parental Affairs, Co-curricular Activity Mistress and General Affairs Master. (* : Core member)

- 2. Duties of the task group

- (a) Identify the needs of students as well as the school's priorities and with reference to the resources available within the school and from the community, formulate a well-conceived plan which includes the 3 elements of the HSP i.e. (1) Fostering a Healthy School Environment, (2) Developing Students' Healthy Life Styles and (3) Identification of Students Who May Need Help and Putting in Place a Referral System.

- (b) Ensure all school members are aware of and support the HSP.
- (c) Review and implement the HSP through related departments and evaluate the effectiveness of the HSP for further improvement.

4.2 Fostering a Healthy School Environment

1. Provide a healthy school environment for students

References:

- 1.1 Daily Cleaning Routine
- 1.2 Policies and Routine of the Crisis Management Unit
- 1.3 Guidelines for Using the Medical Inspection Room
- 1.4 Routine of the Tuck Shop
- 1.5 Routine of Gardeners
- 1.6 Policies and Routine of the Safety Committee
- 1.7 Guidelines for Fire Prevention and Fire Drills
- 1.8 Class Arrangements under Adverse Weather Conditions
- 1.9 Corresponding Arrangements for Activities with Reference to the Air Quality Health Index
- 1.10 Guidelines for Health Diet
- 1.11 Guidelines for Camping

2. Encourage students to actively participate in student health services to ensure the physical and mental well-being of students.

References:

- 2.1 Guidelines for Body Temperature Measurement
- 2.2 Influenza Vaccination and the Outbreaks of Infectious Diseases Management Policy
- 2.3 Students' Health Declaration Records

3. Adopt a Whole School Approach to guidance and discipline and foster a caring, supportive school ethos

References:

- 3.1 Program Plans of the Discipline Unit
- 3.2 Program Plans of the Guidance Unit

4. Strengthen the school's relationship with parents and the community in order to solicit their support to foster an environment conducive for the healthy development of students and teachers

References:

- 4.1 Arrangements for Parents' Nights
- 4.2 Arrangements for Partnership Church and Collaborating Churches

4.3 Developing Students' Healthy Lifestyles

1. Review the existing school curriculum and make sure units teaching the knowledge, skills and attitude related to drug education are included.

References:

- 1.1 Subject-related Healthy Living Elements
- 1.2 Arrangements for Assemblies and Class Teacher's Periods
- 1.3 Drug Abuse Prevention Policy

2. Encourage and provide more opportunities for students to participate in the life-wide learning activities to cultivate positive values among students

References:

- 2.1 Co-curricular Activities including Uniform Teams and Service Learning
- 2.2 Character Education
- 2.3 Program Plans of the Discipline Unit
- 2.4 Program Plans of the Guidance Unit
- 2.5 Health-related Activities Arranged by the Moral and National Education Unit
- 2.6 Arrangements for Morning Assemblies

3. Arrange students to join specific education programmes organised by various government bureaus / departments or NGOs to deepen their knowledge on drug and other health issues

References:

- 3.1 EQ Ambassadors
- 3.2 Health-related Activities Arranged by the Moral and National Education Unit

4. Review and plan for the continuous professional development of teachers & other staff for chosen themes

References:

- 4.1 Teacher Training

5. Strengthen cooperation and collaboration with parents' through different means including organizing workshops on parenting skills for parents

References:

- 5.1 Parents' Talks

4.4 Identification of Students Who May Need Help & Putting in Place a Referral System

1. Provide checklists for the identification of students who may need help for teachers' reference.
2. Clearly spell out the roles of class/subject teachers, discipline masters/mistresses, police school liaison officers (PSLOs), school social workers (SSWs) and school management in identifying needy students and in making referrals.
3. Draw up clear guidelines / protocols and procedures for the referral system and the internal sharing of information including confidential and sensitive data.
4. Draw up guidelines on external communication with NGOs, PSLOs and other agencies, etc.
5. Plan for the follow-up support for the needy students.
6. Review related procedures and strengthen information flow among key stakeholders

References:

1. Referral System for Students of Emotional and Behavioral Needs
2. Referral System for Students of Special Educational Needs
3. Guidelines for Handling Drug Abuse Cases at School
4. Flowchart of Handling Suspected Cases of Drug Abuse by Students at School

5. Evaluation & Review

- 5.1 The HSP will be reviewed annually.
- 5.2 Related subject panels and administrative units will be responsible for the evaluation and drafting of revised policies.
- 5.3 Professionals, teachers and parents will be consulted on the revised policies.
- 5.4 Revised policies will only be in effect when approved by the Healthy School Task Group and the Culture & Policy Unit.